

Heart Failure Awareness Days 2025

Activities report post HFAD

Country: Indonesia

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HFA
Heart Failure
Association

 European Society of Cardiology

Programme and events (summary)

- National Cardiovascular Centre Harapan Kita Indonesia 's HF team did **public education** to primary care centre called Puskesmas Palmerah. Our hospital is basically national referral centre in Indonesia and in general focus on HF stage C and D, but we took this opportunity to focus on HF stage A patient (patients with the risk of HF due to risk factors such as hypertension, Diabetes Mellitus).

The concept of event :

1. Short lecture regarding awareness of HF symptoms by cardiologist.
2. Nutrition counselling by dietician with demo of healthy food.
3. NT-pro BNP stick checking for “high risk” HF stage A patients for example uncontrolled BP and HbA1c
4. Interactive quiz

Public Event

- Public education in primary care with biomarker checking for highrisk population



Public event ...



Public event



Press coverage: Newspapers

- <https://www.liputan6.com/health/read/6013597/kedutan-pada-leher-tak-selalu-berkaitan-dengan-masalah-jantung-dokter-sarankan-skrining?page=3>



Kedutan pada Leher Tak Selalu Berkaitan dengan Masalah Jantung, Dokter Sarankan Skrining

Rata-rata keluhan akibat penyakit jantung adalah sesak napas, nyeri dada, dan berdebar, bagaimana dengan kedutan pada leher?



Oleh **Ade Nashudin Al Ansori**

Diperbarui 05 Mei 2025, 14:00 WIB



0 Komentar



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Social media coverage:

- <https://www.instagram.com/share/BBaH7s-Ozm>

Patient Engagement

